- A subset of a poset such that every two elements of this subset are comparable is called a chain. A maximal chain is a chain that is not a proper subset of any other chain. A maximum chain is a chain that has cardinality at least as large as every other chain. The height of a poset is the cardinality of a maximum chain.
- A subset of a poset is called an antichain if every two elements of this subset are incomparable is called an antichain. A maximal antichain is an antichain that is not a proper subset of any other antichain. A maximum antichain is an antichain that has cardinality at least as large as every other antichain. The width of a poset is the cardinality of a maximum antichain.
- Dilworth's theorem: If $w$ is the width of a poset $(S, \preccurlyeq)$, then there exists a partition $S=\cup_{i=1}^{w} C_{i}$, where $C_{i}$ is a chain.
[The following is a proof by induction on $|S|$.]
* Basis: Consider a set $S$ with one element, say $S=\{a\}$. In $(S, \preccurlyeq)$, the only maximum antichain is $\{a\}$, its size is 1 , and $C_{1}=\{a\}$ with $C_{1}=S$.
* IH: For every $k^{\prime} \leq k$, if $k^{\prime}$ is the width of poset $(S-\{a\}, \preccurlyeq)$, then there exists a partition $\mathcal{C}=$ $C_{1} \cup \ldots \cup C_{k^{\prime}}$ of $S-\{a\}$, where $a$ is a maximal element along a chain of $(S, \preccurlyeq)$.
Let $A^{\prime}$ be a maximum antichain of $(S-\{a\}, \preccurlyeq)$.
- Lemma 1: For every $C_{i} \in \mathcal{C}, C_{i} \cap A^{\prime} \neq \phi$. Specifically, $A^{\prime}$ has exactly one element form each $C_{i} \in \mathcal{C}$.

Proof: Suppose no element of a chain in this decomposition belongs to $A^{\prime}$, then $A^{\prime}$ cannot be an antichain of size $k$ : If $A^{\prime}$ has no element from a $C_{j^{\prime}} \in \mathcal{C}$, then two elements in $A^{\prime}$ belong to a chain $C_{j}$ for $j \neq j^{\prime}$. However, if two elements in $A^{\prime}$ belong to a chain $C_{j} \in \mathcal{C}$, then those elements are comparable w.r.t. $\preccurlyeq$; and, hence $A^{\prime}$ cannot be an antichain in that case.
Since IH only says that there exists an $A^{\prime}$ and the chain decomposition, via the following lemma, we determine a maximum antichain $A$ of $(S-\{a\}, \preccurlyeq)$ given a chain decomposition comprising $k$ chains.

- Lemma 2: For every $C_{i} \in \mathcal{C}$, let $x_{i}$ be the maximal element in $C_{i}$ that belongs to a maximum antichain $A_{i}$ of $(S-\{a\}, \preccurlyeq)$. Then, $A=\left\{x_{1}, \ldots, x_{k}\right\}$ is an antichain of $(S-\{a\}, \preccurlyeq)$.
Proof: For every $i, A_{i}$ always exists, since an element $x_{i}^{\prime}$ of $C_{i}$ belongs to antichain $A^{\prime}$. (For example, such an element can be found by walking along $C_{i}$ from top to bottom.)
Suppose $x_{j^{\prime \prime}} \in A_{i} \cap C_{j}$. From the definition of $x_{j}$, we know $x_{j^{\prime \prime}} \preccurlyeq x_{j}$. Suppose $x_{j} \preccurlyeq x_{i}$. Then, from transitivity, $x_{j^{\prime \prime}} \preccurlyeq x_{i}$. However, $x_{j^{\prime \prime}}$ and $x_{i}$ are part of an antichain; therefore, $x_{j} \npreceq x_{i}$.
Analogously, suppose $x_{i^{\prime \prime}} \in A_{j} \cap C_{i}$. From the definition of $x_{i}$, we know $x_{i^{\prime \prime}} \preccurlyeq x_{i}$. Suppose $x_{i} \preccurlyeq x_{j}$. Then, from transitivity, $x_{i^{\prime \prime}} \preccurlyeq x_{j}$. However, $x_{i^{\prime \prime}}$ and $x_{j}$ are part of an antichain; therefore, $x_{i} \nprec x_{j}$.
For every $x_{i}, x_{j} \in A$, since $x_{j} \npreceq x_{i}$ and $x_{i} \nprec x_{j}, A$ is an antichain.
* IS: Since $a$ is a maximal element of $(S, \preccurlyeq)$, there are two possibilities: $x_{i} \preccurlyeq a$ for some $C_{i} \in \mathcal{C}$ (via maximal element along $C_{i}$ ) or $x_{i} \npreceq a$ for every $C_{i} \in \mathcal{C}$.
In the latter case, $a$ is not related to any element in $A$. Hence, using induction hypothesis, $C_{1} \cup \ldots \cup$ $C_{k} \cup\{a\}$ is a partition of $S$ into $k+1$ chains. Further, due to Lemma 2 and since no $x_{i}$ is related to $a$, it is immediate to note $A \cup\{a\}$ is an antichain of size is $k+1$.

In the former case, consider $\left(S-C_{i}-\{a\}, \preccurlyeq\right)$. From the induction hypothesis, $S-C_{i}-\{a\}$ is partitioned into $\mathcal{C}^{\prime}=\left\{C_{1}, \ldots, C_{i-1}, C_{i+1}, \ldots, C_{k}\right\}$ of chains. (Note that $S-C_{i}-\{a\}$ has size smaller than $|S|$; hence, we were able to apply IH, by the means of strong induction.) And, since $A$ is an antichain (Lemma 2), $\left(S-C_{i}-\{a\}, \preccurlyeq\right)$ has an antichain $A-\left\{x_{i}\right\}$, which is of size $k-1$. The chains in $\mathcal{C}^{\prime}$ together with the chain formed by the subpart of $C_{i}$ underneath $a$ (including $a$ ) is a partition of $S$ into $k$ chains, while $A$ is an antichain of size $k$.

[Illustrating the conventions in the above proof. In the first case of IS, $a$ is above the maximal element of a chain, say $C_{i}$. In the second case of IS, $a$ is located on its own chain. The dashed lines indicate elements beyond elements of $A$.]

- Sperner's lemma: The size of a largest antichain of any $\operatorname{poset}(\mathcal{P}(S), \subseteq)$ is $\binom{n}{\left.\frac{n}{2}\right\rfloor}$, where $S=\{1,2, \ldots, n\}$.
* for any fixed $k$, all $k$-sets together form an antichain;
for $k=\left\lfloor\frac{n}{2}\right\rfloor$, there exists an antichain of size $\left\lfloor\frac{n}{2}\right\rfloor$
* no antichain of size $>\binom{n}{\left\lfloor\frac{n}{2}\right\rfloor}$ is possible:
consider adding one by one of the elements in $S$ along each chain, leading to, number of chains being $n!$; for any element $A$ of any antichain $\mathcal{F}$ with $|A|=k$, there are $k!(n-k)!$ chains that contain $A$ (each chain comprising monotonically increasing sized sets from $\phi$ to $S$ containing $A$ ); denoting the number of $k$-sets $\mathcal{F}$ contains with $m_{k}$,
since no chain can pass through two different sets $A$ and $B$ of $\mathcal{F}$, number of chains passing through all the members of $\mathcal{F}$ is $\sum_{k=0}^{n} m_{k} k!(n-k)!$, which is $\leq n!\Rightarrow \sum_{k=0}^{n} \frac{m_{k}}{\binom{n}{k}} \leq 1 \Rightarrow \frac{1}{\binom{n}{(n / 2\rfloor}} \sum_{k=0}^{n} m_{k} \leq 1$

