

Speakers' profile

Chief Guest and Guest Speaker



PROFILE:

Dr. Nomal Chandra Borah

- Dr. Nomal Chandra Borah was born to a family of a marginal farmer in a small village named Dubia in the Sonitpur district of Assam where spent his early life.
- He was admitted to the MBBS course at Guwahati Medical College on merit list. An educational loan from Govt. of Assam and a state merit scholarship assisted him to complete his degree. He scored the highest marks in the University in Medicine, upon passing out in 1975.
- He joined the Guwahati Medical College as a demonstrator in Pathology and completed his Diploma in Clinical Pathology in 1979, again securing the 1st position in the University.
- After completing MD in Internal Medicine from Guwahati in 1981, Dr. Borah joined the All India Institute of Medical Sciences (AIIMS), New Delhi as Senior Resident, where he completed three years' training in Neurology, leading to DM degree.
- In 1992, he attended the Graduate Summer Course in Epidemiology and Biostatistics from the University of Michigan, USA and in 2003, he was awarded the Fellow of the American Academy of Neurology (FAAN) for his contribution to neurological services.
- Dr. Borah has published 15 papers in national and international journals, has attended 19 international conferences and has supervised DNB training

programme in Neurology with close to 100% success rate. He is a member of the Medical Ethics Committee of the Indian Medical Council, Assam State Branch.

- In 1980s, moved by the plight of the people in North East India due to lack of access to quality healthcare, Dr. Borah decided set up his own facility to provide the population healthcare and cure. His own capital of Rupees 5,000/-, unsecured loans from his friends and a term loan from the Bank of Baroda was harnessed eventually to bring to fruition the Guwahati Neurological Research Centre (GNRC) Hospital Dispur – which evolved from a clinic to North East India’s premier multi-specialty hospital.
- During this period, Dr Borah’s entrepreneurial spirit and social consciousness was guided by Dr. K V Mathai, the legendary neurosurgeon from Vellore, who came forward to join Dr. Borah in his endeavour. In 1985, GNRC was converted into a Limited Company.
- In 2004, Dr. Borah established Asian Institute of Nursing Education with the vision to provide quality education in nursing. It presently offers courses in BSC Nursing, Post Basic Nursing and MSC Nursing.
- In 2006, Dr. Borah established Medishop Retail Chain to facilitate employment for local youth
- In 2008, Dr. Borah set up another facility of GNRC in Guwahati – GNRC Sixmile.
- Concerned that most private healthcare facilities, including those set up by him, were unaffordable for the majority of the population, while public healthcare facilities were over-burdened, Dr. Borah initiated determined efforts to formulate a model that enabled access to quality, affordable healthcare for majority of the population. He conducted numerous conversations with members of the local communities, in the attempt to understand the challenges they face in accessing affordable, quality healthcare. These conversations led to the formulation of an operating and service delivery model, which found its expression in GNRC Institute of

Medical Sciences, a 1200-bedded facility which commenced operations in early 2014 at North Guwahati.

Dr. Bora is member of:

- Indian Academy of Neurology
- Neurology Society of India
- Association of Physicians of India
- American Academy of Neurology
- World Federation of Neurology
- Researcher on Neuro-Epidemiology – WFN
- Indian Stroke Council

Dr. Bora undertaken various Research Projects

- Prevalence and Incidence of Neurological Disorder
- Prevalence, Incidence and Mortality of Stroke
- Risk Factors of Stroke
- Homocysteine and Stroke
- Intensive Stroke Care Units ; its impact in reduction of stroke mortality
- PERFORM STUDY – An International Stroke Trial
- STITCH TRIAL – II – An International Stroke Surgery Trial
- **INTERACT2-THE SECOND INTENSIVE BLOOD PRESSURE REDUCTION IN ACUTE CEREBRAL HAEMORRHAGE TRIAL**
- ATTEND-Family led Rehabilitation after Stroke in India

Dr. Bora has a number of publications related to Medical Science to his credit.

- **Dr. Bora has attended various conferences in various of the World**

As a Writer, Dr. Bora has:

Edited 3 volumes of Encyclopedia on Health & Medical sciences in Assamese which was Published by Asom Sahitya Sabha,2010-2011, published “GNRC Swasthya” a Health Magazine since 2007, a monthly circulation of 65,000 copies.“Chikitsokor Tokabohi:, a book in Assamese language ,Sarukonor Stroke Aru Sikisthya Bishoyok Ananya Rosona” ,a book in Assamese language ,Doctor Aru Rogir Jugalbandi,” a book in Assamese language, 28th November,2014.“Swasthya Sikitshya Bigyan Aru Somaj Bybostha”, a book in Assamese language.

AWARDS AND ACHIEVEMENTS:

1. Certificate of Honour from State Bank of India for services of the Highest standard rendered in the Development of the Medical facilities for the welfare of the people specially of the North Eastern India,2004.
2. Recognition from Indira Gandhi National Open University (IGNOU) by including the Profile of Dr. N. C. Borah as a case study in the Chapter on “Rural Entrepreneurship—Strategies And Experiences “ for M.Sc Course in Social Sciences.2007
3. Life Time Achievement Award from Premada Kanta Sarma Memorial for contribution towards Medical Services, 2008.
4. Honorary Fellowship for significant contribution towards the development of Neurosciences in Eastern India from the Association of Neurosciences of Eastern India, 2012.
5. Conferred the “Birangana Sati Sadhani Award “by the Chief

Minister of Assam, Sri Tarun Gogoi on 2nd December, 2015 for contributions towards the society.

6. Conferred the “ERDF Excellence Award, 2015 “.

7. Nominated as an Hon’ble Member of the State Audit Advisory Board.

&

many other awards

Institute Speaker



Dr. Anuj Kr. Baruah

Dr. Anuj Kumar Baruah did MBBS in 1993 and MD (Int. Medicine) in 1998 from GMCH, Guwahati.

Dr. Baruah has a Fellowship in Diabetes Management: 2012, CMC, Vellore.

He joined IIT Guwahati as a Medical Officer in 1999.

At present, serving as Chief Medical Officer and Head of Medical Section, IIT Guwahati.

Special area of interest Lifestyle related diseases and its intervention.

Life Member of: 1. Association of Physicians of India.

2. Research Society for the Study of Diabetes in India

Member of: American Association of Clinical Endocrinologist.